

## ***Money: The “Unspoken” Dynamic of Psychodynamic Psychotherapy***

This seminar will explore the psychology of financial behavior, attitudes and beliefs about money, and the relevance of money transference and countertransference. Viewed from a relational model, we will explore how people interact with money in terms of gender, age, class, race, and cultural worldview. Clinical case examples and vignettes will be shared to encourage participants’ appreciation on how financial realities and clinical behaviors may give insight into otherwise “unspoken” aspects of our clients’ inner life. Understanding and exploring the dynamics associated with money may provide therapists with a uniquely effective means of interpreting the nuances of transference/countertransference.

### Seminar Learning Objectives:

1. Participants will gain a richer appreciation for the relevance of financial behavior, attitudes and beliefs, especially in terms of developmental object relational themes.
2. Participants will gain understanding of the influences of cultural variables in how “money transference” (and countertransference) is experienced and expressed.
3. Participants will gain practical intervention/interpretive skills to help client/clinician navigate money transference/countertransference dynamics.
4. Participants will develop greater comfort with discussing and exploring financial issues with clients.

*Note: This is a clinical seminar. It does not explore practice management or accounting issues related to financial aspects of private practice.*